Hope & Destiny Jr.: The Adolescent’s Guide to Sickle Cell Disease
by Lewis L. Hsu, MD, PhD and Silvia R. Brandalise, MD

Hope & Destiny Jr 2nd edition is written specifically for patients ages 13-18. Featuring illustrations and games to help children learn more easily about their condition, this book modifies the information from the adult edition to provide answers for children in a friendly & easy to follow method.

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Hope and Destiny Jr. Learning Guide and Workbook is newly revised as a 48-page workbook. Specifically for young SCD patients ages 13-18, the Learning Guide is an interactive companion piece to Hope and Destiny Jr and helps children understand their disease by identifying pain, tracking symptoms and side-effects, writing about unique challenges, and talking more easily with doctors and caregivers.

Additional Sickle Cell Disease Resources from Hilton Publishing

Living Well with Sickle Cell, A Handbook for Parents is written in a friendly, understandable method specifically for new parents and contains practical information and resources for daily life with SCD.

Sickle What? breaks down complex medical concepts and terminology into simple, easy to understand language. Focusing on new parents facing a diagnosis of SCD, Sickle What? arms families with the knowledge they need to understand and manage this painful disease.

Sickle Cell Superhero is the beautifully illustrated story of a young Sickle Cell Warrior navigating her life with SCD with bravery, humor, and realism. A read aloud book for families and early learners.